

Name: _____

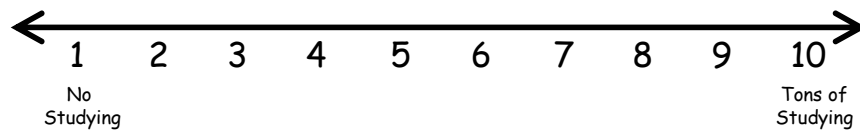
Section: _____

Post-Assessment Reflection

1. Describe every method/technique you used to prepare for your quiz/test.

2. Did you receive assistance from anyone (parents, friends, teachers, etc.) while preparing for your quiz/test? If so, explain how they assisted you.

3. On the scale below, circle the number that represents the amount of time/effort you put into studying for the quiz/test (*one being you did not study at all and ten being that you have never studied so hard for anything before*). Explain why you gave yourself that particular rating.



4. What grade do you think you will receive on the quiz/test? Explain your reasoning.

5. Based on your efforts regarding this quiz/test, what, if anything, would you do differently next time when preparing for a quiz/test?